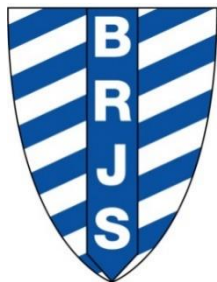


The Trent-Rylands Federation

Trent Vale Infant and Nursery School *and* Beeston Rylands Junior School



Beeston Rylands Junior School

Headteacher: Catherine Turner

Trent Road, Beeston Rylands, Nottingham NG9 1LJ

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Excel, Enjoy, Be Proud

VISIT TO PGL CAYTHORPE COURT (02/11/22 – 04/11/22)

Dear Parent/Carer,

Please find attached an EV4 medical form. This information is confidential and will only be accessible to Rylands and PGL staff. This form needs to be completed and returned to school before we can take your child on the residential. If any of the details change (for example contact numbers, details of any medication etc.) between completion and the date of departure, please inform school as soon as possible and come into school to amend it; this will ensure that any specific needs your child may have with regard to medication, diet or otherwise can be catered for.

Final details, including departure and return times will follow before half term. Below is a list of clothing requirements to give you and your child time to prepare. **ALL** children will require a **packed lunch & drink in a water bottle** for **WEDNESDAY** lunchtime.

- Spending money, no more than £10 - in a **named** purse/envelope and change if possible please
- Suitable and sufficient warm clothing for travelling, daytime and evening wear should be packed, i.e. tracksuit, jogging bottoms and sweatshirts, jumpers, t-shirts/trousers
- Sturdy shoes/outdoor trainers/walking boots. (Depending on the weather, normal trainers **may NOT** be suitable for outdoor use)
- Trainers for indoor activities - no slippers
- Warm outdoor coat - **essential**
- Waterproof and windproof jacket/anorak/cagoule - **essential**
- Gloves, scarf, hat - **essential**
- Please note jeans are **not** suitable for the activities
- Spare underclothes, socks
- Pyjamas, slippers
- Soap, toothbrush, toothpaste, comb, towel etc. (**NO** aerosol deodorants/hairsprays - as they can set off the fire alarm)
- Spare towel
- Water bottle - **essential**
- Lip balm/Vaseline
- Cuddly toy

Thank you for your ongoing support.

Yours sincerely,

The PGL school team

